UConn GPS- Getting prepared for success

An Individualized Transition Program | Work smarter, not harder



You've got questions about making the transition to UConn? We Can Help you find answers.

Do you want to make it easier for yourself and set your self up for success? Ask us about GPS!



Where do I go if I need tutoring for my classes? • What's the most effective way for me to study? What are the best ways to get connected on campus? • How do I manage all of my schoolwork?

SIGN UP BY JULY 31st SPACE IS LIMITED!



What is UConn GPS?

UConn GPS provides you as a first year or transfer student an opportunity to learn what it takes to be a successful student at UConn.

Any first-year or transfer student with a disability enrolled at the University is encouraged to apply. Due to the individualized nature of this program, space is limited. Students are encouraged to apply early.

• Move onto campus early and join us for three days of workshops and activities that provide holistic preparation with focus on academic success, knowledge of campus resources, health and wellness, and social involvement and skills



Day 1: Begin you Journey.

Your first day participating in GPS will be a $\frac{1}{2}$ day virtual experience. (You can still enjoy another day of summer!)

Scaffolding your transition is important to us. You will be able to meet other GPS students and our Strategy Instructors remotely. This way when you meet everyone in person it will seem like you already have a connection. The team will go over the expectations of the program, go over how to use your strengths as a vehicle to find success, answer questions and talk about what you would like to discover in the next few days. (A Strengths-Quest will be one type of activity the group will complete and discuss to get ready for the next two days on campus.)

Day 2: Move in and get acclimated to our Storrs campus and have some fun!

You will find yourself moving in early and getting settled into your new living space. You will meet our GPS team at a designated time at the Wilbur Cross Building. (You can't miss the building It's the building with the gold dome on the top.) We will begin the day with a tour of the campus and help you find your classrooms. Later in the day, our GPS participants will be put in small teams with our Strategy Instructors and current Beyond Access student leaders to participate in a noncompletive game of the Amazing Race. This kick off event will help students make friends, find places on campus, purchase their books in a very fun fulling way. Trust us, the day will be filled with fun events to learn the ropes of the campus. Trying out the dinning halls and finding our way to the Dairy Barn will all be included. After an exhilarating day of excitement, we will end our evening with a bon fire, lawn games and smore's on campus. We will also be on the lookout for Jonathan and hopefully have a chance to snap a photo.



Day 3: How to work smarter not harder.

Our GPS group will reflect upon our first two days together and make sure participants are feeling comfortable. As a group we will look at more ways to transition to being a successful UConn student.



Our focus on this day will be goal setting, time management, how to communicate with instructors, how to use UConn platforms like HuskCT and more. If you are registered with particular department, like the Center for Students with Disabilities, we will make sure connect and reach out to them. As the third day unfolds, you will have another chance to make more connections and prepare yourself for your upcoming first days as being a UConn student. Our GPS participants will be more than ready to participate in UConn's Welcome Weekend, which happens in the days following our transition program.

Goals of UConn GPS

- Develop a plan to maintain physical and emotional health and wellness on campus.
- Increase awareness of disability services and campus resources.
- Become an independent, engaged and efficient learner.
- Prepare for **social** involvement.
- Maintain physical and emotional health and wellness.
- Create an **individualized transition plan** to help you reach your academic, personal, and social goals.

Applying to UConn GPS

If you are interested in participating in the program, submit a completed <u>UConn GPS Application</u>. Applications are also available at the Center for Students with Disabilities (Wilbur Cross Building, Room 204). Upon submission of your application, a UConn GPS representative will contact you to discuss the next steps.

Additional Questions?

If you have any additional questions regarding the UConn GPS program, please contact us by emailing <u>csdbeyondaccess@uconn.edu.</u>